

October is  
National Farm to School Month!

# OCTOBER | 2021



## Mid-Michigan Leadership Academy

Breakfast is served before school each day.

Please remind your child to sign up for lunch each day in their classroom. We need to know they are eating so we can prepare their meal!

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

27

28

29

30

1

**School Meal May Be Affected By Supply Chain Issues**

As you may have heard in news reports, the lasting effects of the pandemic are affecting food supply chains nationwide. Due to this, the Okemos Food Service Department may, from time to time, need to make last minute meal substitutions due to shortages in various food products.

Little Caesar's Pizza  
Chilled Mixed Fruit  
Sliced Cucumbers (1/4 c)  
Baby Carrots (1/4 c)  
Shredded Romaine Lettuce (1/2 c)

4

Hamburger / Bun  
with or without Sliced Cheese  
Chilled Pears  
Sliced Pickles  
Vegetarian Baked Beans (1/2 c)  
Shredded Romaine Lettuce (1/2 c)

5

Cheese Stuffed Bosco Sticks (V)  
w/ Marinara Sauce  
Peach Cup  
Celery Sticks (1/4 c)  
Baby Carrots (1/4 c)  
Broccoli Florets (1/4 c)

6

**COUNT DAY!**

Little Caesar's Pizza  
Sliced Apples  
Cauliflower Florets (1/4 c)  
Baby Carrots (1/4 c)  
Grape Tomatoes (1/4 c)  
\*\*Free\*\* Frozen Yogurt Cup

7

Chicken Corn Dog on a Stick  
Frozen Sidekick Fruit Cup  
Mashed Potatoes (1/2 c) / Gravy  
Broccoli Florets (1/4 c)

8

Little Caesar's Pizza  
Fresh Grapes  
Zucchini Salad (1/4 c)  
Baby Carrots (1/4 c)  
Shredded Romaine Lettuce (1/2 c)

11

Cheese Quesadilla (V)  
Flavored Applesauce Cup  
Salsa  
Fiesta Black Beans (1/2 c)  
Shredded Romaine Lettuce (1/2 c)

12

Twisted Pasta with Beef  
with Breadstick / Margarine Cup  
Fresh Clementine  
Celery Sticks (1/4 c)  
Broccoli Florets (1/4 c)  
Grape Tomatoes (1/4 c)

13

Mozzarella Cheese Sticks (V)  
w/ Marinara Sauce  
Chilled Pears  
Sweet Peppers (1/4 c)  
Baby Carrots (1/4 c)  
Shredded Romaine Lettuce (1/2 c)

14

**SEPT. ATTENDANCE HERO DAY!**

Turkey Hot Dog / Bun  
Fresh Apple  
\*\*Free\*\* Apple Crunch Snack Bar  
Sliced Cucumbers (1/4 c)  
Grape Tomatoes (1/4 c)  
Broccoli Florets (1/4 c)  
**Apple Crunch Day!**

15

**HALF DAY  
DISMISSAL @ NOON**

Little Caesar's Pizza  
Fresh Grapes  
Mexicali Corn (1/2 c)  
Baby Carrots (1/4 c)  
Shredded Romaine Lettuce (1/2 c)

**PARENT TEACHER CONFERENCES**

18

Chicken Tenders  
with Dinner Roll / Margarine Cup  
Chilled Peaches  
Broccoli Florets (1/4 c)  
Mashed Potatoes (1/2 c) / Gravy  
Baby Carrots (1/4 c)

19

Soft Pretzel / Nacho Cheese  
Sauce / Sunflower Seeds  
Flavored Applesauce Cup  
Chilled Five-Bean Salad (1/2 c)  
Grape Tomatoes (1/4 c)

20

Dutch Waffle / Syrup  
with Egg & Cheese Omelet (V)  
Petite Banana  
Dragon Punch F/V Juice (1/2 c)  
Baby Carrots (1/2 c)

21

Teriyaki Chicken with  
Steamed Rice  
Sliced Apples  
Sugar Snap Peas (1/4 c)  
Grape Tomatoes (1/4 c)  
Shredded Romaine Lettuce (1/2 c)

22

Little Caesar's Pizza  
Mandarin Oranges  
Celery Sticks (1/4 c)  
Baby Carrots (1/4 c)  
Shredded Romaine Lettuce (1/2 c)

25

Beef & Cheese Tornadoes (2)  
Salsa  
Refried Beans (1/2 c)  
Sweet Peppers (1/4 c)

26

Breaded Chicken Patty / Bun  
Fresh Grapes  
Sliced Pickles  
Seasoned Corn (1/2 c)  
Shredded Romaine Lettuce (1/2 c)  
Grape Tomatoes (1/4 c)

27

Macaroni & Cheese  
with Dinner Roll / Margarine Cup  
Sliced Apples  
Cauliflower Florets (1/4 c)  
Baby Carrots (1/4 c)  
Broccoli Florets (1/4 c)

28

Cinnamon French Toast / Syrup  
with Turkey Sausage Patties  
\*\*\* Eeek - Orange & Cream  
Flavored Frozen Juice Cup \*\*\*  
Sliced Cucumbers (1/4 c)  
Grape Tomatoes (1/4 c)  
Baby carrots (1/4 c)

29

Little Caesar's Pizza  
Orange Wedges  
Baby Carrots (1/4 c)  
Shredded Romaine Lettuce (1/2 c)  
Broccoli Florets (1/4 c)

Attention Parents

If your student will be late for school, please call the office before 8:00 a.m. to order lunch for your child.

Thank you!!

Self-Serve Cold Bar

Fruits and vegetables are offered on a self-serve bar that is part of the meal. \*\* A 1/2 cup serving of fruit or vegetable must be taken to be a combo lunch. \*\*

Milk

A choice of white milk or chocolate milk is available with lunch.

Condiments

Complimentary condiments will be offered with select entrées.

**PARENT TEACHER  
CONFERENCES**

Oct. 14 4-6 PM

Oct. 15 1-3 PM

Sign Up Information Coming  
Soon!